

DADI INSTITUTE OF ENGINEERING & TECHNOLOGY (Approved by A.I.C.T.E & Permanently Affiliated to JNTUK)

Recognised u/s 2(f) &12 (b) of UGC Act NAAC Accredited Institute

National Highway–16, Anakapalle, Visakhapatnam–531002, A.P. Phone: 9963981111, E-Mail: info@diet.edu.in, Web: www.diet.edu.in

INTERNATIONAL YOGA DAY -21/6/2019

NSS Unit at DIET conducted International Yoga Day on 21-6-2019.

The International Day of Yoga has been celebrated annually on 21 June since 2015, following its inception in the United Nations General Assembly in 2014. Yoga is a physical, mental and spiritual practice which originated in India.



The Indian Prime Minister, Narendra Modi, in his UN address in 2014, had suggested the date of 21 June, as it is the longest day of the year in the Northern Hemisphere and shares a special significance in many parts of the world.

Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature. By changing our lifestyle and creating consciousness, it can help in wellbeing. Let us work towards adopting an International Yoga Day.



It is the responsibility of everyone to have an awareness about the benefit and importance of Yoga. 40 students participated in the event along with teaching and non-teaching staff.

Road safety awareness



NSS Unit at DIET conducted Road safety awareness on 20-8-2019. Road safety campaigns are an important way to spread awareness among people about road safety measures and rules. The results of road safety campaigns depend on the manner of communication to road users. 102 students along with NSS Unit participated in the event. Many issues about road measures, wearing of Helmet, no triple riding, waring of seat belt etc were been made aware to the by passers.





NSS unit made people aware on the following points-

They Informed drivers the correct lanes to take so that they can avoid blockages caused due to abrupt turns.

They were informed about sensitive junctions and curves, speed limit, and presence of hospitals or schools, colleges nearby so that drivers can adjust their pace accordingly.

They Informed to Ensure discipline on the roads by the implementation of lane discipline and overtaking rules.

They Informed motorists about directions to take, potential dangers ahead, and rules to follow on highways.



MEGA BLOOD DONATION CAMP-1/10/2019

DIET NSS Unit, organised Mega Blood Donation Camp in Seminar Hall-1 (AC), DIET Campus from 9:00 am onwards, on 1st Oct 2019. Sri Dadi Ratnakar, Hon'ble Correspondent, Prof. Dr. Ch.S. Naga Prasad, Principal, Mr. P.V. Murali, NSS Officer, gave the importance of donating blood and said to participate in the Blood Donation Camp which would save Lives of the Needful people.

50 students along with faculty participated in the event.

MEGA BLOOD DONATION CAMP



HUMAN RIGHTS DAY-10/12/2019

DIET NSS Unit, organised Human **Rights Day** on 10th December 2019. This day is observed every year on 10 December — the **day** on which the United Nations General Assembly adopted, in 1948, the Universal Declaration of **Human Rights**. We can take action in our own daily lives, to uphold the **rights** that protect us all and thereby promote the kinship of all **human** beings. Principal Dr.Ch.Nagaprasad, Vice Principal, Dr K.S. Eswara Rao,NSS officer and nearly 120 students participated in the event. Dignitaries from Human right Department were invited. They addressed the gathering by giving the importance and need of Human rights.





WORLD ENVIRONMENTAL DAY

NSS Unit at DIET conducted World Environment Day on 5-6-2020. World Environment Day is observed on June 5 every year. The purpose of World Environment Day is to spread awareness about the threat to the environment due to rising pollution levels and climate

It is the responsibility of everyone to conserve, protect and to acknowledge his /her efforts in making the earth clean, green and safe. 60



students participated in the event. Chairman Sri Dadi Ratnakar, Principal Dr.Ch.Nagaprasad, Vice Principal, Dr K.S. Eswara Rao, participated along with teaching and non-teaching staff. On this occasion mega plantation was done in the campus. NSSPO and HODs came to institute to take initiative for plantation of the trees.



WORLD ENVIRONMENTAL DAY

INTERNATIONAL YOGA DAY -21/6/2020

NSS Unit at DIET conducted International Yoga Day on virtual mode on 21-6-2020. Yoga is a trend that has been flourishing from the years; rather this has become a trendsetter in maintaining both physical and mental well-being. Each Yogic activity is a key to improving flexibility, strength, balance and attaining harmony. Yoga Portal is a platform to help people embrace, practice and enjoy yoga every day. It is a perfect gateway to search for the best yoga resources, common yoga protocol training videos and the latest yoga events to take part in.

Ch Nageswara Rao, Yoga Guru was invited to conducted online training session through virtual mode on. Nearly 60 students and staff participated. Students and faculty had a great refreshing time during and after the session

INTERNATIONAL YOGA DAY

